RethinkCare

What's happening at home shows up at work.



He's one of your best employees, but what he wants most isn't a promotion. He wants his six-year-old daughter with autism to make friends and feel included. He's calling specialists and doing everything he can to help but doesn't know what else to try. At work, he tries to focus but his mind is still searching for answers.

What you see at work is only part of the story.

Raising a neurodivergent child doesn't stop when the workday starts.

Existing benefits may address parts of what families face, but when working caregivers don't know what to do next, it can lead to missed workdays, less capacity, and added stress.

Expert support — *before challenges escalate.*

1:1 coaching from neurodiversity experts and short, guided lessons.
No diagnosis or workplace disclosure required.

FOR CAREGIVERS & FAMILIES

- **1:1 consultations with Board Certified Behavior Analysts (BCBAs)**
- **Access in as little as two business days**
- **Human navigators to help find resources and next steps**
- **IEP and school-system guidance**
- **Short, guided lessons**
- **Skill-building for routines, communication, and emotional regulation**

61%
reported less caregiving stress[1]

45%
reported increased confidence supporting their child[1]

2–3
hours estimated weekly productivity regained[2]

1 RethinkCare member surveys on parenting and caregiving. Self-reported; does not establish causation.
2 RethinkCare member-reported productivity outcomes. Reflects broader member outcomes, not caregivers exclusively.

Global. Multilingual. *Expert-led.*

Neurodiversity-focused coaching and guided lessons for caregivers worldwide.

190+
Countries Supported

180
Consultation Languages

30K+
Live Expert Consultations Annually

A clearer path at home. Stronger performance at work.

Give caregivers and parents of neurodivergent children a place to start. RethinkCare adds expert coaching and guided lessons that work alongside the benefits you already offer.

Talk to our team →

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