



RethinkEd

Middle School NEWSLETTER



FEBRUARY
2025

SEL Topic of the Month

SOCIAL SKILLS

This month, students will learn to use effective communication strategies to embrace and resolve conflicts, seek solutions that work for everyone, cooperate with others to work towards common goals, and build healthy friendships, which can contribute to their sense of belonging and overall wellness

GRADE-LEVEL SCOPE AND SEQUENCES

Enjoy **FREE** access to **RethinkCare** now through **March 31st!**
ADULT MEDITATION PRACTICE



Have questions?
Get in touch with us at
TeamLA@rethinked.com

Celebrations

Congratulations to **Pio Pico STEAM Middle School** for completing an in-person professional development session for all staff!



Upcoming

- Weekly Office Hours
- **Bilingual SEL Family Workshop** on Empathy & Cultural Competency
 - February 27th at 5:30

Reminders

We host virtual monthly SEL workshops for families and caregivers! Available in **English** and **Spanish** and created specially for the caregiver audience, they link SEL directly to the parenting experience.

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