

12th Grade Scope and Sequence

Let's Get Started

This is a suggested implementation plan with resources from RethinkEd's SEL curriculum to teach social-emotional learning on your campus. These lessons have been selected to support students by fostering SEL skills, with the educator and school year cadence in mind. To view the rationale for this scope please [click here](#).

Step 1

- Open the RethinkEd platform through [Schoology](#) or Clever.

Step 2

- Find the current month and week below, then click the link to access the 2-5 minute lesson video.
- Show the video to your students.

Step 3

- After the video, click on the discussion questions (left side of page) and facilitate a conversation amongst your students.

For detailed instructions and tutorials visit the curated [LAUSD Resources Landing Page](#).

Log into RethinkEd via Schoology to UNLOCK access to the hyperlinks.

Staff Resources

[Grade 12 SEL Educator's Guide](#)

[Educator PD Videos](#)

August – Fall Assessment

Spring Student Self-Assessment

Please have students log in to their RethinkEd student portal to complete the SEL Student Self-Assessment. If you have questions about the student requirements on your campus, please check with your administrator.

August Lesson 1

Social Awareness: *Safe and Ethical Behavior*

Lesson Video	Learning Objectives
Stopping Harassment	Objective: Students will evaluate how societal messages perpetuate harassment and practice challenging those messages.

September Lesson 1

Online Safety

Lesson Video	Learning Objectives
Solve the Problem Online	Objective: Students will develop strategies to protect themselves and others online and use technology to address a problem in their community.

September Lesson 2

Social Awareness: *Actions and Consequences*

Lesson Video	Learning Objectives
Decision-Making	Objective: Students will practice addressing their emotions when making decisions.

September Lesson 3

Self-Management: *Self-Control*

Lesson Video	Learning Objectives
In the Driver's Seat	Objective: Students will practice strategies for developing a sense of agency.



September Lesson 4

Awareness of Self & Others: <i>Learning Skills</i>	
Lesson Video	Learning Objectives
Lifelong Learning	Objective: Students will learn strategies for becoming lifelong learners.

September Lesson 5

Awareness of Self & Others: <i>Growth Mindset</i>	
Lesson Video	Learning Objectives
Your Growth Is My Growth	Objective: Students will find inspiration in the success of others.

October Lesson 1

Self-Management: <i>Problem Solving</i>	
Lesson Video	Learning Objectives
Higher-Order Thinking	Objective: Students will apply higher-order thinking skills to solve a problem.

October Lesson 2

Self-Management: <i>Resilience</i>	
Lesson Video	Learning Objectives
Overcoming Challenges	Objective: Students will identify and practice strategies to build resilience.

October Lesson 3

Self-Care: <i>Mindfulness</i>	
Lesson Video	Learning Objectives
A New Perspective	Objective: Students will apply mindfulness to examine a stressful situation from another perspective.

October Lesson 4

Self-Care: <i>Self-Compassion</i>	
Lesson Video	Learning Objectives
Self-Compassion & Collective Care	Objective: Students will develop self-compassion through collective care.



November Lesson 1

Self-Care: <i>Self-Efficacy</i>	
Lesson Video	Learning Objectives
Build Your Self-Efficacy	Objective: Students will evaluate their self-efficacy and practice strategies to build it.

November Lesson 2

Awareness of Self & Others: <i>Self-Knowledge</i>	
Lesson Video	Learning Objectives
Knowing Our SELVES	Objective: Students will reflect on their self-knowledge to evaluate their life choices.

December Lesson 1

Self-Management: <i>Stress Management</i>	
Lesson Video	Learning Objectives
Be Your Own CEO	Objective: Students will evaluate and develop a plan for managing stress.

December Lesson 2

Social Awareness: <i>Support Systems</i>	
Lesson Video	Learning Objectives
Supporting Your Goals	Objective: Students will access a support system to reach a goal.

January Lesson 1

Self-Management: <i>Goal Setting</i>	
Lesson Video	Learning Objectives
Grow Your Goal	Objective: Students will apply a growth mindset to reach a goal.

January Lesson 2

Self-Management: <i>Focus</i>	
Lesson Video	Learning Objectives
Reach Your Goals	Objective: Students will evaluate strategies for staying focused to achieve goals.

January Lesson 3

Self-Care: <i>Self-Advocacy</i>	
Lesson Video	Learning Objectives
Self-Advocacy in Adulthood	Objective: Students will practice self-advocacy skills for life after high school.



January Lesson 4

Awareness of Self & Others: <i>Wants and Needs</i>	
Lesson Video	Learning Objectives
The World We Need	Objective: Students will apply strategies to advocate for their needs for a better world.

February Lesson 1

Awareness of Self & Others: <i>Values</i>	
Lesson Video	Learning Objectives
My Life Compass	Objective: Students will set long-term goals that align with their values.

February Lesson 2

Social Awareness: <i>Cultural Competence</i>	
Lesson Video	Learning Objectives
Reflecting on Culture	Objective: Students will build cultural competence through self-reflection.

February Lesson 3

Social Awareness: <i>Social Contributions</i>	
Lesson Video	Learning Objectives
Changemakers	Objective: Students will understand how to address social injustice to make a change.

February Lesson 4

Social Awareness: <i>Empathy</i>	
Lesson Video	Learning Objectives
Empathy and Social Change	Objective: Students will leverage empathy as a tool for social change.

March Lesson 1

Social Skills: <i>Respect</i>	
Lesson Video	Learning Objectives
Navigating Respect	Objective: Students will practice how to respond to situations involving disrespect.

March Lesson 2

Social Skills: <i>Conflict Resolution</i>	
Lesson Video	Learning Objectives
Resolve. Restore. Repeat.	Objective: Students will practice Restorative Questions to resolve conflict and restore relationships.



March Lesson 3

Social Skills: <i>Fairness</i>	
Lesson Video	Learning Objectives
Achieving Fairness	Objective: Students will practice strategies to advocate for fairness in society.

March Lesson 4

Social Skills: <i>Cooperation</i>	
Lesson Video	Learning Objectives
Group Decision-Making	Objective: Students will practice strategies for making decisions in groups.

April Lesson 1

Social Skills: <i>Friendship</i>	
Lesson Video	Learning Objectives
Lasting Friendships	Objective: Students will apply strategies to maintain friendships.

April Lesson 2

Social Skills: <i>Relationships</i>	
Lesson Video	Learning Objectives
Building Healthy Relationships	Objective: Students will identify and cultivate the building blocks of healthy relationships.

April Lesson 3

Self-Care: <i>Healthy Boundaries</i>	
Lesson Video	Learning Objectives
My Boundaries	Objective: Students will set and maintain healthy boundaries in relationships.

April Lesson 4

Awareness of Self & Others: <i>Emotions</i>	
Lesson Video	Learning Objectives
My Emotional Intelligence	Objective: Students will evaluate their emotional intelligence and develop strategies for growth.

May Lesson 1

Anxiety	
Lesson Video	Learning Objectives
Managing Anxiety	Objective: Students will assess their own levels of anxiety and identify resources to help manage their anxiety.



May Lesson 2

Mental Wellness

Lesson Video	Learning Objectives
Mental Wellness Policies	Objective: Students will evaluate how laws and policies can impact mental wellness and take action to promote mental wellness for all.

May Lesson 3

Healthy Identities

Lesson Video	Learning Objectives
Identity Intersections	Objective: Students will evaluate how their identities impact their experiences in the world and vice versa.

May – Spring Assessment

Spring Student Self-Assessment

Please have students log in to their RethinkEd student portal to complete the SEL Student Self-Assessment. If you have questions about the student requirements on your campus, please check with your administrator.

June Lesson 1

Self-Care: *Optimism*

Lesson Video	Learning Objectives
Leading with Optimism	Objective: Students will identify how optimism supports effective leadership.