

2nd Grade Scope and Sequence

Let's Get Started

This is a suggested implementation plan with resources from RethinkEd's SEL curriculum to teach social-emotional learning on your campus. These lessons have been selected to support students by fostering SEL skills, with the educator and school year cadence in mind. To view the rationale for this scope please [click here](#).

Step 1

- Open the RethinkEd platform through [Schoology](#) or Clever.

Step 2

- Find the current month and week below, then click the link to access the 2-5 minute lesson video.
- Show the video to your students.

Step 3

- After the video, click on the discussion questions (left side of page) and facilitate a conversation amongst your students.

For detailed instructions and tutorials visit the curated [LAUSD Resources Landing Page](#).

Log into RethinkEd via Schoology to UNLOCK access to the hyperlinks.

Staff Resources

[Grade 2 SEL Educator's Guide](#)

[Educator PD Videos](#)

August Lesson 1

Social Awareness: *Safe and Ethical Behavior*

Lesson Video	Learning Objectives
Safe Adults at School	Objective: Students will understand the difference between conflict among peers and bullying.

September Lesson 1

Online Safety

Lesson Video	Learning Objectives
Safe and Fun Online	Objective: Students will develop strategies to stay safe online and find information, solutions, and ways to help others online.

September Lesson 2

Social Awareness: *Actions and Consequences*

Lesson Video	Learning Objectives
STOP Then Decide	Objective: Students will learn strategies for making good decisions.

September Lesson 3

Self-Management: *Self-Control*

Lesson Video	Learning Objectives
Take 5!	Objective: Students will learn how to pause before acting.

September Lesson 4

Awareness of Self & Others: *Learning Skills*

Lesson Video	Learning Objectives
How We Learn	Objective: Students will learn how the brain takes in information through the senses and determine how they learn best.

September Lesson 5

Awareness of Self & Others: *Growth Mindset*

Lesson Video	Learning Objectives
Mistake Masterpieces	Objective: Students will identify how mistakes help them grow.

October Lesson 1

Self-Management: <i>Problem Solving</i>	
Lesson Video	Learning Objectives
What's the Problem?	Objective: Students will learn the steps to solving a problem.

October Lesson 2

Self-Management: <i>Resilience</i>	
Lesson Video	Learning Objectives
Challenge Accepted!	Objective: Students will reframe problems as challenges.

October Lesson 3

Self-Care: <i>Mindfulness</i>	
Lesson Video	Learning Objectives
My Mindful Body	Objective: Students will practice mindfulness by noticing how their body feels.

October Lesson 4

Self-Care: <i>Self-Compassion</i>	
Lesson Video	Learning Objectives
What I Like About Me	Objective: Students will develop self-compassion by identifying what they like about themselves.

November Lesson 1

Self-Care: <i>Self-Efficacy</i>	
Lesson Video	Learning Objectives
You Can Do It!	Objective: Student will develop self-efficacy by reflecting on past successes.

November Lesson 2

Awareness of Self & Others: <i>Self-Knowledge</i>	
Lesson Video	Learning Objectives
I Am One of a Kind	Objective: Students will identify their uniqueness.

December Lesson 1

Self-Management: <i>Stress Management</i>	
Lesson Video	Learning Objectives
My Stress Thermometer	Objective: Students will identify when they are feeling stressed and practice strategies for managing stress

December Lesson 2

Social Awareness: <i>Support Systems</i>	
Lesson Video	Learning Objectives
Help at School	Objective: Students will identify the support system within their school and how to ask for help.

January Lesson 1

Self-Management: <i>Goal Setting</i>	
Lesson Video	Learning Objectives
Set a Goal	Objective: Students will identify a goal and follow steps to achieve it.

January Lesson 2

Self-Management: <i>Focus</i>	
Lesson Video	Learning Objectives
https://www.rethinked.com/core/curriculum-library/lesson/255?productId=1&previousUrl=%2Fcurriculum-library	Objective: Students will learn strategies to stay focused.

January Lesson 3

Self-Care: <i>Self-Advocacy</i>	
Lesson Video	Learning Objectives
More Than One Way	Objective: Students will identify different ways to get their needs met.

January Lesson 4

Awareness of Self & Others: <i>Wants and Needs</i>	
Lesson Video	Learning Objectives
Getting Our Needs Met	Objective: Students will identify their needs and explain how they are met.

February Lesson 1

Awareness of Self & Others: <i>Values</i>	
Lesson Video	Learning Objectives
Spot Our Family Values	Objective: Students will identify their own family's values.

February Lesson 2

Social Awareness: <i>Cultural Competence</i>	
Lesson Video	Learning Objectives
Traditions in Families	Objective: Students will learn about different cultures.

February Lesson 3

Social Awareness: <i>Social Contributions</i>	
Lesson Video	Learning Objectives
I Can Help My Family	Objective: Students will learn the importance of contributing to the family.

February Lesson 4

Social Awareness: <i>Empathy</i>	
Lesson Video	Learning Objectives
The Case of Caring	Objective: Students will demonstrate care for the feelings of another person.

March Lesson 1

Social Skills: <i>Respect</i>	
Lesson Video	Learning Objectives
Showing Respect	Objective: Students will identify respectful behavior.

March Lesson 2

Social Skills: <i>Conflict Resolution</i>	
Lesson Video	Learning Objectives
Let's Get Along	Objective: Students will identify and articulate a problem between a classmate or friend.

March Lesson 3

Social Skills: <i>Fairness</i>	
Lesson Video	Learning Objectives
That's Not Fair!	Objective: Students will learn about fairness

March Lesson 4

Social Skills: <i>Cooperation</i>	
Lesson Video	Learning Objectives
Work Together	Objective: Students will learn ways to encourage each other when working in groups.

April Lesson 1

Social Skills: <i>Friendship</i>	
Lesson Video	Learning Objectives
Filling Buckets	Objective: Students will practice giving and receiving kindness.

April Lesson 2

Social Skills: <i>Relationships</i>	
Lesson Video	Learning Objectives
Making Friends at School	Objective: Students will identify and practice ways to be a good classmate.

April Lesson 3

Self-Care: <i>Healthy Boundaries</i>	
Lesson Video	Learning Objectives
STOP!	Objective: Students will identify appropriate touch and ways to keep themselves safe.

April Lesson 4

Awareness of Self & Others: <i>Emotions</i>	
Lesson Video	Learning Objectives
Feelings Detectives	Objective: Students will identify and label their own emotions.

May Lesson 1

Anxiety	
Lesson Video	Learning Objectives
Managing My Worries	Objective: Students will identify worry in their feelings, thoughts, and behaviors and strategies for managing their worry.

May Lesson 2

Mental Wellness	
Lesson Video	Learning Objectives
Spreading Happiness	Objective: Students will identify ways to feel happy and ways to help others feel happy.

May Lesson 3

Healthy Identities	
Lesson Video	Learning Objectives
My Family and Me	Objective: Students will celebrate their families and the families of others.

May Lesson 4

Self-Care: <i>Optimism</i>	
Lesson Video	Learning Objectives
Level Up Your Mood	Objective: Student will learn strategies for improving their mood.