

Dear Administrator,

Birmingham City Schools are collaborating with Rethink Ed to provide additional support for you and your school community. Rethink Ed is a comprehensive K-12 online platform that provides resources for students of all ages and abilities, teachers, administrative staff, and parents to gain Social and Emotional Learning (SEL). Through Rethink SEL you will be able to build virtual communities of continuous learning by developing skills promoting emotional growth and wellness.

What Is Rethink Ed SEL?

Rethink Ed SEL is an evidence-based program developed for every educator and student. Delivered on a digital platform and designed for easy implementation, Rethink Ed SEL provides a flexible and scalable solution that empowers educators to successfully incorporate SEL into their virtual learning plans to support child and family social emotional wellness at home. By partnering with Rethink Ed, your school community will have access to our Social and Emotional Learning, Mental Health, and Equity Resources at through June 30th, 2020.

What Is Included?

- 38 on-demand expert professional learning videos, under 10 minutes each, that provide educators, support staff and caregivers with strategies on how to manage their personal emotional health and well-being.
- 30 easy-to-use lessons on key SEL topics for each grade K through 12, including multi-tiered, best teaching practices, activities and videos to reach ALL learners.
- Direct student access to their grade level content, including videos and activities.
- Home Connection letters to provide caregivers with tips and strategies to reinforce SEL skills with their child. (Available in English and Spanish)
- Spanish versions of many resources, including close captioning of adult and student videos.

Why Is Rethink Ed SEL Important?

- Attend to the social and emotional needs of your educators, support staff, students, and their caregivers by providing resources to support their mental health and well-being.
- Provide your educators with easily accessible lessons and resources to support students' social and emotional needs during this time of social distancing.
- Empower your SSP's with tools to guide students in developing skills and setting positive goals for personal and academic success.
- Assist caregivers as they help their children to manage their emotions, set and achieve positive goals, and make responsible decisions.
- Provide students with engaging videos and activities that provide opportunities to develop decision-making skills, identify and manage their emotions, feel and show empathy toward others, and communicate well with others.